



MileStone Happenings

February 2019



DAILY PLANNERS

Last week, we checked the Red Folders to see which students were using the Daily Planner correctly. The five students who were making sure their teachers, and parents were signing the planner daily were given a \$5.00 gift certificate to either Five Below, Old Navy or Subway.

We hope more students will use the planners consistently.

PARENTS MUST SIGN IT EVERY NIGHT TO ENSURE YOU HAVE SEEN THE WORK ASSIGNED.

YANKEE CANDLE FUNDRAISER

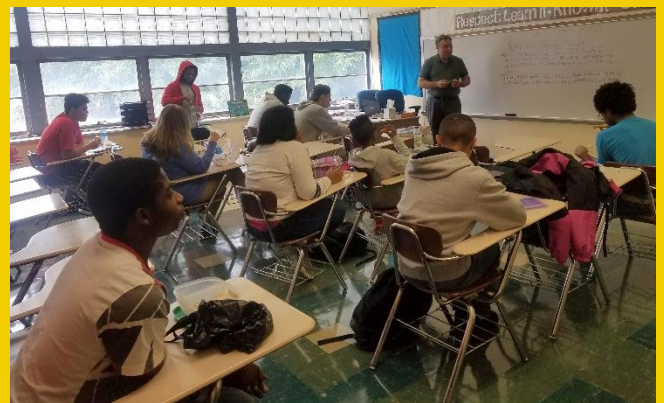
Thank you to everyone who participated in helping us raise over \$400 with this fundraiser. The proceeds of this and the other Student Council fundraisers will be used for the trips we have planned this year.



STUDENT COUNCIL

Student Council has been extremely busy this year raising money to help pay for trips this Spring. In addition to the Yankee Candle fundraiser, they are selling Philly soft pretzels and coffee to the members of REAP who are in the building on Wednesdays and they operate a school store which stocks snacks, drinks and noodles. It has been great for those students who don't bring their lunch.

Next up on their calendar is their annual food drive. They will be collecting nonperishable food items which will be donated to local food pantries



TRIPS



April 10 -Walnut Street Theater

Mrs. Maguire secured tickets for our students to go to the theater to see *The Curious Incident of the Dog in the Nighttime*. The play is based on the novel by Mark Haddon. Mrs. Goodman and Ms. Schweitzer will be using the novel in class before we see the play.

April 24 – Outdoor School in Horsham

Students participate in small-group lessons and activities that are highly interactive and engaging. Check out the website at <https://outdoorschoolinhorsham.org/staff/>

NEW INITIATIVES

We had several meetings this month, which will help us expand our program and provide parents with resources they may need.

Northeast Support Group Navigated by Families is a network of organizations, which help parents with special-needs children, they will be providing us with resources/events which we will pass along to our families. We are looking to partner with them to host an event this spring.

Department of Education at Arcadia University – we are looking forward to working with them to provide tutoring and other services.

Office of Vocational Rehabilitation is an agency of the Pennsylvania Department of Labor, and Industry will be facilitating workshops on job readiness monthly. This agency has services to help people with disabilities find employment and through this relationship we will be able to help parents apply for services if wanted. More information on their services check out their website at <http://bit.ly/2E82xDE>

SAVE THE DATES

Anxiety & Depression: A Family Matter
April 10 @ 7PM
Join the conversation
with Dr. Michael Cassano
at Elkins Park Library
563 Church Road
19027
RSVP &
More Info:
cwolf@milestone-academy.org
Milestone-Academy.org

JUNE 13

GRADUATION / LAST DAY OF SCHOOL

We hope you will join us the last day of school. We will celebrate the achievements of all our students with special emphasis on our graduates



EVENTS AND MEETINGS

FEBRUARY

Free 2-Week Entrepreneurship Series

Who: Building Bridges to Wealth
When: Classes starting February 16 at 10:30AM-12:30PM
Where: The Wharton School, UPENN Campus, 3620 Locust Walk, Steinberg-Dietrich Hall, Room 351 SHDH (Basement level)
Topic: an easy to understand high quality course covering what you need to know about entrepreneurship
Registration: buildingbridgestowealth@gmail.com

Educational Support Group for Adult Daughters, Sons, & Siblings of People with Mental Health Disorder

Who: Mental Health Partnerships
When: Tuesday, February 19 at 7PM-9PM
Where: Belmont Behavioral Hospital, 4200 Monument Road, Room 139, 19131
Topic: Heredity & the Fear of Being Like Your Parent/Sibling in Ways You Don't Want to Be
Website: <https://www.mentalhealthpartnerships.org/>
Registration: Email tecinfo@mhphope.org or call 267-507-3863

Morning Family and Friends Educational Support Group

Who: Mental Health Partnerships
When: Thursday, February 21 at 12PM
Where: 1211 Chestnut Street, 11th Floor, Conference Room, Philadelphia 19107
Topic: Choosing effective consequences when assertiveness isn't enough. This session starts with 45 minute

focused discussion around a topic of interest to family members, presented by a guest speaker or facilitator followed by an opportunity for participants to share or give/get help with a question or concern
Website: <https://www.mentalhealthpartnerships.org/>
Registration: Email tecinfo@mhphope.org or call 267-507-3863

Family Member Story Telling Training

Who: Pro-Act
When: Friday, February 22 at 10AM-3PM
Where: 444 N. 3rd Street, 3rd Floor
Website: <https://dbhids.org/event/family-member-story-telling-training-14/>
Registration link: <https://www.eventbrite.com/e/family-member-story-telling-training-tickets-54713947891>

Educational Family Support Group for Families/Friends of People With Borderline Personality Disorder & Other Personality Disorders

Who: Mental Health Partnerships
When: Tuesday, February 26 at 7PM-9PM
Where: Belmont Behavioral Hospital, 4200 Monument Road, Room 139, 19131
Topic: What Gets in the Way of Self-Care
Website: <https://www.mentalhealthpartnerships.org/>
Registration: Email tecinfo@mhphope.org or call 267-507-3863

MARCH

How to Succeed as a Certified Peer Specialist

Who: Peer Culture and Community Inclusion, Dept. of Behavioral Health & Intellectual Disability
When: Monday, March 4 at 9AM-11AM
Where: Community Behavioral Health, 801 Market Street, 11th Floor, Room 1154A, Phila, PA 19107
Registration link: <http://cpsinfosession.eventbrite.com/>

Website: <http://HealthyMindsPhilly.org/Calendar>
Registration: Jill Santiago, santiagoj@upmc.edu

Educational Support Group for Adult Daughters, Sons, & Siblings of People with Mental Health Disorder

Who: Mental Health Partnerships
When: Tuesday, March 19 at 7PM-9PM
Where: Belmont Behavioral Hospital, 4200 Monument Road, Room 139, 19131
Topic: Ways to Improve Self Esteem
Website: <https://www.mentalhealthpartnerships.org/>
Registration: Email tecinfo@mhphope.org or call 267-507-3863

Family Peer Support Specialist (FPSS) Training

Who: Peer Culture and Community Inclusion, Dept. of Behavioral Health & Intellectual Disability Services (DBHIDS)
When: March 18, 19, 20, 25, 26 at 9AM-5PM
Where: Beacon Health Options, 300 Seven Fields Blvd., Suite 100, Seven Fields, PA 16046